

OSHA 10 hour (Safety)

Purpose: To give the participant a basic understanding of OSHA, the OSHA act, OSHA inspection and various subparts.

The training covers OSHA 1926 subparts M (fall protection), K and N (electrical), C (confined space), L (scaffolding), X (ladders), E (respirators) and E (hearing). OSHA 1910 subparts Z (hazardous material and hazard communication) and J (lockout / tagout).

Length of course: 1 day. (10 Credits)

Card Expiration: This card does not have an expiration date but re-training is recommended a minimum of every 4 years.